

THREE WEEKLY MENU

BREAKFAST served around 9am a choice of cereal, toast and fruit with milk

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Macaroni Cheese & breadsticks	Vegetarian Sausage, mash & veg	Spaghetti Bolognese	Chicken casserole & rice	Jackets with beans, chilli or curry
TEA	Fajitas with dip	Sandwich Platter	Cheese on toast	Ploughman's	Bagels with cream cheese
BABY TEA	Broccoli & Parsnip	Carrot & swede	Butternut squash	Spinach soup	Carrot & coriander soup
LUNCH	Lentil Pasta Cheese & breadsticks	Cottage Pie	Vegetarian ham pasta bake	Roast chicken dinner	Vegetarian Sausage casserole & mash
TEA	Crackers & soft cheese	Crumpets	Potato cakes with spaghetti	Cheesy garlic flatbreads	Cheese & tomato quiche
BABY TEA	Spinach soup	Sweet potato, cauli mash	Leek & potato soup	Carrot & swede mash	Butternut squash
LUNCH	Tomato spirals with cheese & breadsticks	Fish Pie with peas & sweetcorn	Sweet & sour chicken with noodles	Cheese & onion pie, roast pots & spaghetti	Baked bean Lasagne
TEA	Buttered tea loaf	Pizza	Hash browns & beans	Soup with warm bread & butter	Fish/fishless finger wraps
BABY TEA	Sweet potato mash	Carrot & Tomato Soup	Butternut squash	Potato & broccoli	Vegetable soup